

Memory Care Menu

Monday, August 25, 2025

Breakfast

Bacon & Swiss Quiche
Hashbrowns
Fresh-cut Fruit

Lunch

Autumn Chopped Chicken Salad
with a Garlic Butter Breadstick

- or -

Roasted Pork Loin with
Mushroom Gravy
Smashed Red Potatoes
Cider-braised Apples and Cabbage

Dinner

Broiled Rainbow Trout
with Buttered Pasta
Roasted Baby Carrots

- or -

Cajun Chicken Gumbo with Rice
Stewed Okra and Tomatoes

Dessert

Pecan Pie Bars

Soup of the Day

Homestyle Chicken Noodle



Memory Care Menu

Tuesday, August 26, 2025

Breakfast

Mixed Berry Scones
Greek Yogurt
Scrambled Eggs

Lunch

Baked Dijon-glazed Salmon with
Quinoa and Buttered Squash Medley

- or -

French Onion Grilled Cheese
with Chickpea, Tomato, and
Cucumber Salad

Dinner

Shrimp Scampi
with Angel Hair Pasta
Garlic Zucchini Sauté

- or -

Lamb Chops with Mint Sauce
Herbed Couscous
Steamed Baby Spinach

Dessert

Apple Cider Donut Cake

Soup of the Day

Creamy Bacon & Potato Soup



Memory Care Menu

Wednesday, August 27, 2025

Breakfast

Ham & Cheese Frittata
Hashbrowns
Cottage Cheese with Strawberries

Lunch

Shrimp Sauté with Peppers & Onions
Yellow Rice
- or -
Bistro French Dip Sandwich
Roasted Broccoli with Garlic & Lemon

Dinner

Herb-crusted Beef Roast
with Scalloped Potatoes
Peas & Carrots
- or -
Roasted Chicken Thigh with Gravy
Candied Yams
Cranberry Spinach Salad

Dessert

Vanilla & Berry Trifle

Soup of the Day

Black Bean Soup

