



TOUCHMARK

SUNDAYMONDAYTUESDAYWEDNESDAYTHURSDAYFRIDAYSATURDAY

	01 9:00 Good Mornings! w/ Jarod 9:30 90+ Coffee Club 10:00 Mindful Movement w/ Dawn 11:00 Catholic Communion & Rosary 1:00 F.B.S. w/ Kendra 1:00 Yarn Crafters 1:30 Poetry Workshop with Spokane Poet Laureate Mery Smith 1:30 Mixology Mondays: Color Changing Citrus Fizz 2:00 Blood Pressure Checks 2:30 TRX Training Zone w/ Jarod 3:00 Family Treasures: The Stories We Share 3:00 Devonshire Social: Baking with Amanda (Dining Bar/ Counter) 7:00 Bingo	02 9:00 Yoga Flow w/ Dawn 9:30 Men's Coffee Stop 10:00 Pillar Foundations w/ Jarod 10:00 Bible Study 11:30 Dining Room Florals with Maria 12:00 Painted Pot Gnomes 12:30 Chess Club 1:00 NeuroAgility Exercise w/ Dawn 2:00 Move & Shout for PD w/ Kendra 2:30 Retail Shopping: Fred Meyer 2:30 Lawn Game Social Club: Croquet & Cocktails 3:00 Line Dancing w/ Kendra 6:00 Piano Night with Andrew Liljenberg 6:30 Bridge	03 9:00 Good Mornings! w/ Kendra 10:00 TRX Training Zone w/ Jarod 10:00 Beautiful Questions 10:45 Lunch at the Park Bench Cafe (Manito) & Stroll through Duncan Gardens 11:30 Farkle Dice Game 1:00 F.B.S. w/ Jarod 1:00 Anything Goes: Freestyle Paint 1:00 Service & Sips: Painting Signs for Ronald McDonald House 1:00 Shopping: Trader Joes 2:00 Mini Mind Masters 2:30 TRX Training Zone w/ Jarod 3:30 Trivia on Tap 6:30 Pegs & Jokers	04 9:00 Yoga Flow w/ Dawn 9:30 Cottage Coffee Social 10:00 "Golden Girls" Team Wii Bowling 10:00 Pillar Fitness Foundations w/ Jarod 11:00 Passport to Italy 11:45 Street Food Pop-Up Series: Chili Dogs 1:00 Cribbage & Bridge 1:00 Shopping: Safeway 1:00 Berry Sweet Shortcakes 1:00 NeuroAgility Exercise w/ Dawn 1:00 Sweet Support: Candy Bag Packing Party for Ronald McDonald House 2:00 Move & Shout for PD w/ Kendra 2:30 Tech Thursdays: Community App 3:00 Line Dancing w/ Kendra 3:00 Touchmark Singing Group Practice 6:00 Piano Night with Ben True	05 8:00 Woodshop & Certification 9:00 Good Mornings! w/ Jarod 10:00 Quilting Group 10:00 Crossword & Coffee 10:00 Mindful Movement w/Dawn 10:00 TRX Training Zone w/ Jarod 11:00 90 Minute Narrated Cruise on Lake CDA 12:00 Bingo Bash 1:00 F.B.S. w/ Dawn 2:00 Rummikub Group 2:30 TRX Training Zone w/ Jarod 4:00 Happy Hour 4:30 Dinner at Vien Dong 6:00 Wilson Elementary School Choir 6:30 Movie Night: Murphy's Romance	06 9:30 Skyfest 2026 at Fairchild Air Force Base 12:00 Chips, Dips & Sips 1:00 Cinema Classics: A Hard Day's Night (1964) 2:00 Pegs & Jokers 3:00 Book Club 4:00 Communion with Mike 7:00 Movie Night: National Lampoon's Vacation
8a Departure: 3 Day Hood River Trip 1:30 Worship Service 2:00 Pegs & Jokers 3:00 Movie: National Lampoon's Vacation 6:00 Movie Night: A Hard Day's Night (1964) 6:30 5 Crowns Group 07	08 9:00 Good Mornings! w/ Jarod 10:00 Mindful Movement w/ Dawn 11:00 Catholic Communion & Rosary 1:00 Yarn Crafters 1:00 F.B.S. w/ Kendra 1:30 Mixology Mondays: Cotton Candy Creations 2:00 Blood Pressure Checks 2:30 TRX Training Zone w/ Jarod 3:00 Devonshire Social: Baking with Amanda (Dining Bar/ Counter) 3:30 Mic Drop Sing-Along: Summer Jams 7:00 Bingo	09 9:00 Yoga Flow w/ Dawn 9:30 Men's Coffee Stop 9:30 Golfing at Indian Canyon Golf Course 9:30 Ladies Tea 10:00 Bible Study 10:00 Pillar Foundations w/ Jarod 12:30 Chess Club 1:00 NeuroAgility Exercise w/ Dawn 2:00 Move & Shout for PD w/ Kendra 3:00 Ice cream at Doyle's 3:00 Line Dancing w/ Kendra 3:00 Won't You Be My Neighbor Social 6:00 Smooth Jazz on the Saxophone by Mark Bateman 6:30 Bridge	10 9:00 Spokane Parks Tour 9:00 Good Mornings! w/ Kendra 10:00 Beautiful Questions 10:00 TRX Training Zone w/ Jarod 11:30 Card Making Class with Diane Whiting 11:30 Farkle Dice Game 1:00 Anything Goes: Freestyle Paint 1:00 Shopping: Trader Joes 1:00 Musings with Michaela 1:00 Peperzak Middle School Craft Day Session 1 1:00 F.B.S. w/ Jarod 1:30 Resident Dining Meeting 2:00 Mini Mind Masters 2:30 TRX Training Zone w/ Jarod 3:30 Trivia on Tap 6:30 Pegs & Jokers	11 9:00 Scenic Walk and Picnic Lunch at Bowl and Pitcher National Park 9:00 Yoga Flow w/ Dawn 9:30 Cottage Coffee Social 10:00 "Golden Girls" Team Wii Bowling 10:00 Pillar Foundations w/ Jarod 10:30 Activities Ideas Meeting 11:45 Street Food Pop-Up Series: Crêpe Café 12:30 Treasures of the Tide 1:00 Cribbage & Bridge 1:00 Shopping: Safeway 1:00 NeuroAgility Exercise w/ Dawn 2:00 Move & Shout for PD w/ Kendra 2:00 Poker Play Hour 3:00 Writing Club 3:00 Line Dancing w/ Kendra 3:00 Touchmark Singing Group	12 9:00 Trekkers walk w/ Dawn at River Front Park 9:00 Good Mornings! w/ Jarod 9:30 Rosarium Garden Tour & Picnic Lunch 9:30 Valley Hearing Services Walk-In Appts 10:00 Quilting Group 10:00 Crossword & Coffee 10:00 TRX Training Zone w/ Jarod 12:30 Premier World Discovery - Choose your next adventure/trip 1:00 F.B.S. w/ Dawn 2:00 Rummikub Group 2:30 TRX Training Zone w/ Jarod 4:00 Happy Hour with Rusty Jackson 6:00 Movie Night: Baby Boom	13 9:15 Brunch at Francaise 12:00 Rocky Road Ice Cream Sandwich Making 1:00 Cinema Classics: Chitty Chitty Bang Bang 1:00 33 Artists Market -Summer Market at Manito Park 2:00 Pegs & Jokers 4:00 Communion with Mike 7:00 Movie Night: City Slickers
1:30 Worship Service 2:00 Pegs & Jokers 3:00 Suds & Soaps Studio 3:00 Movie: City Slickers 6:00 Movie Night: Chitty Chitty Bang Bang 6:30 5 Crowns Group 14	15 9:00 Good Mornings! w/ Jarod 9:30 90+ Coffee Club 10:00 Mindful Movement w/ Dawn 11:00 Catholic Communion & Rosary 1:00 Yarn Crafters 1:00 F.B.S. w/ Kendra 1:30 Mixology Mondays: Peach Porch Punch 1:30 Poetry Workshop with Spokane Poet Laureate Mery Smith 2:00 Blood Pressure Checks 2:30 Catholic Mass 2:30 TRX Training Zone w/ Jarod 3:00 Devonshire Social: Baking with Amanda (Dining Bar/ Counter) 3:00 Family Treasures: The Stories We Share 7:00 Bingo	16 9:15 Flag Day Horseback Ride 9:30 Ladies Tea 9:30 Men's Coffee Stop 10:00 Bible Study 11:30 Dining Room Florals with Maria 12:30 Chess Club 12:30 Lunch at Parisian Patio Café 1:00 Blooming Up High: Hanging Planters Workshop 3:00 Game On! Sports Lounge: POOL CHALLENGE 5:00 Men's Night Port of Call: France 6:00 Close Up Magic Featuring John Sandell 6:30 Bridge	17 8:45 Strawberry Picking & Lunch at Walter's Fruit Ranch 9:00 Good Mornings! w/ Kendra 10:00 Beautiful Questions 10:00 TRX Training Zone w/ Jarod 10:00 Home Care Q&A: Supporting Your Full Life 11:30 Farkle Dice Game 12:00 Pressed Petal Candles 1:00 Shopping: Trader Joes 1:00 Anything Goes: Freestyle Paint 1:00 F.B.S. w/ Jarod 2:00 Mini Mind Masters 2:30 TRX Training Zone w/ Jarod 3:00 Parade for Pops 3:00 PD Support Group w/ Kendra 6:00 An Evening with the Lilac Royalty Court 6:30 Pegs & Jokers	18 9:00 Yoga Flow w/ Dawn 9:30 Cottage Coffee Social 10:00 New Exhibition at the MAC- America at 250: 25 Decades of Collected Memories 10:00 "Golden Girls" Team Wii Bowling 10:00 Pillar Foundations w/ Jarod 11:00 Passport to Italy 11:45 Street Food Pop-Up Series: French Frites Bar 1:00 Cribbage & Bridge 1:00 Scene Painting with local artist 1:00 Shopping: Safeway 1:00 Sunshine Committee 1:00 NeuroAgility Exercise w/ Dawn 2:00 Move & Shout for PD w/ Kendra 2:30 Tech Thursdays: Organizing your iphone photos 3:00 Line Dancing w/ Kendra 3:00 Touchmark Singing Group Practice 4:30 Dinner at The Bad Seed	Hope Harbor Day 19 7:30 Breakfast Bundles: Morning Tide Cafe 8:00 \$Hope on the Harbor Breakfast: Dockside in CDA 9:00 Good Mornings! w/ Kendra 10:00 TRX Training Zone w/ Kendra 10:00 Quilting Group 11:00 \$ Waves of Hope Yoga 1:00 \$ Hope on the Boardwalk 1:00 \$ Hope on the Harbor Lunch: Chowderhead 4:00 \$ Hope on the Habor Seafood Boil 4:00 Happy Hour 6:00 Marina Music: The Kevin Shay Band 8:30 \$ The Driftwood Drive-In Presents: Overboard	20 1:00 Cinema Classics: La Bamba (1987) 2:00 Pegs & Jokers 4:00 Communion with Mike 5:00 Spokane Velocity versus One Knoxville SC 7:00 Movie Night: The Parent Trap (1961) 7:30 Patriotic Tunes by the North Hill Brass Trio



TOUCHMARK

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
21 1:00 Ace & Arnold Palmers: U.S. Open Watch Party 1:30 Worship Service 2:00 Pegs & Jokers 3:00 Movie: The Parent Trap (1961) 6:00 Movie Night: La Bamba (1987) 6:30 5 Crowns Group	22 9:00 Good Mornings! w/ Jarod 10:00 Mindful Movement w/ Dawn 11:00 Catholic Communion & Rosary 1:00 F.B.S. w/ Jarod 1:00 Yarn Crafters 2:00 Senior to Senior: College Student Tech Help 2:30 TRX Training Zone w/ Jarod 3:00 Beer Appreciation with Rod "The Beer Guy" Croteau 3:00 Hit the town: Theater Night (rsvp required) 7:00 Bingo	23 9:00 Bird Watching with Audubon Society at Lincoln Park 9:00 Yoga Flow w/ Dawn 9:30 Ladies Tea 9:30 Men's Coffee Stop 10:00 Bible Study 10:00 Pillar Foundations w/ Jarod 11:00 Painted Paths of Morocco 12:30 Chess Club 1:00 Bookmobile - Public Library 1:00 NeuroAgility Exercise w/ Dawn 2:00 Move & Shout for PD w/ Kendra 3:00 Line Dancing w/ Kendra 5:00 Ladies Night Port of Call: Morocco 6:30 Bridge	24 9:00 Good Mornings! w/ Kendra 10:00 Beautiful Questions 10:00 TRX Training Zone w/ Jarod 11:00 Shopping at Target 11:30 Farkle Dice Game 1:00 Anything Goes: Freestyle Paint 1:00 Shopping: Trader Joes 1:00 Musings with Michaela 1:00 Paws & Treats Bakery 1:00 F.B.S. w/ Jarod 2:00 Mini Mind Masters 2:00 Wellness Wednesday (Brain Health) w/ Jarod 2:30 TRX Training Zone w/ Jarod 3:00 Hoopfest Brewfest 5:15 Guided Tour of the Historic Davenport Hotel 6:00 The Bedtime Beauty Lounge with Mary Kay 6:30 Pegs & Jokers	25 9:00 Yoga Flow w/ Dawn 9:30 Cottage Coffee Social 10:00 "Golden Girls" Team Wii Bowling 10:00 Pillar Foundations w/ Jarod 11:00 Passport to Italy 11:45 Street Food Pop-Up Series: Msemen (Moroccan Flatbread) 1:00 Cribbage & Bridge 1:00 Shopping: Safeway 1:00 Music Series with Mike McCarty 1:00 NeuroAgility Exercise w/ Dawn 2:00 Move & Shout for PD w/ Kendra 2:00 Poker Play Hour 2:30 Tech Thursdays: Texting fun...all the things you never knew 3:00 Volunteer at 2nd Harvest Food Bank 3:00 Line Dancing w/ Kendra 3:00 Touchmark Singing Group Practice 4:00 Birthday Night Dinner (RSVP with 4 Seasons)	26 8:00 Woodshop: Building toys for kids in need 9:00 Trekkers Hike @ Iller Creek 9:00 Good Mornings! w/ Jarod 9:30 Valley Hearing Services Walk-In Appts 10:00 Quilting Group 10:00 Crossword & Coffee 10:00 Mindful Movement w/Dawn 10:00 TRX Training Zone w/ Jarod 10:30 Council Meeting 11:00 Shopping at River Park Square Mall 12:30 Lunch at Twigs 12:00 Bingo Bash 1:00 F.B.S. w/ Dawn 2:00 Rummikub Group 2:30 TRX Training Zone w/ Jarod 4:00 Happy Hour 6:00 Movie Night: Three Amigos	27 9:30 Spokane Hoopfest: Center Court Action 12:00 Mix & Mingle Fruit Bar 1:00 Cinema Classics: McLintock 2:00 Pegs & Jokers 2:45 Mix & Mingle Fruit Bar 4:00 Communion with Mike 7:00 Movie Night: Blue Chips
28 1:30 Worship Service 2:00 Pegs & Jokers 3:00 Movie: Blue Chips 6:00 Movie Night: McLintock 6:30 5 Crowns Group	29 9:00 Good Mornings! w/ Jarod 10:00 Mindful Movement w/ Dawn 11:00 Catholic Communion & Rosary 1:00 Yarn Crafters 1:00 F.B.S. w/ Kendra 1:30 Poetry Workshop with Poet Laureate Mery Smith 1:30 Resident Meeting 2:00 KICK OFF: Spanish 101 class series 2:15 Neighbors Social 2:30 TRX Training Zone w/ Jarod 3:00 Devonshire Social: Baking with Amanda 3:00 KSPS Book Club Meeting 7:00 Bingo	30 9:00 Yoga Flow w/ Dawn 9:30 Ladies Tea 9:30 Men's Coffee Stop 10:00 Fishing at Bear Lake 10:00 Bible Study 10:00 Pillar Foundations w/ Jarod 11:30 Dining Room Florals with Maria 12:30 Chess Club 1:00 Trading Treasures: A Thrift Exchange 1:00 NeuroAgility Exercise w/ Dawn 2:00 Move & Shout for PD w/ Kendra 2:30 Chimes & Charms: Make Your Own Wind Chime 3:00 Line Dancing w/ Kendra 6:00 Piano & Vocals by new artist to Touchmark, Sean 6:30 Bridge				Dimensions of Wellness Physical Emotional Spiritual Environmental Vocational Social Intellectual